



Item #: J73

## Lamb Weston® 5/8" IQF Cubes

Brand: Lamb Weston®

Cut Size: 5/8" Diced

Package Size: 6/6#

Lamb Weston® has the perfect potato offerings to meet your every need, providing a wide variety of unique choices. These dices are exceptionally versatile in recipes for breakfast, lunch, and dinner while also saving you time and labor with no prep required. Cooks up fast in the fryer or oven!

### OPERATOR BENEFITS

Choose from a variety of flavors and sizes in our wide portfolio of offerings.

Save time and labor by replacing back-of-house cutting, peeling, and prepping with a ready-to-go solution right out of the freezer.

Try our variety of pre-seasoned offerings for quick and convenient back-of-house solutions.

### NUTRITION AND COOKING METHODS

**Serving size: 3/4 Cup (90g)**  
**Servings per container: About 180**  
**Calories [per serving]: 70**

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

	Amount per Serving	% Daily Value*
Total Fat	0.0g	0%
Saturated Fat	0.0g	0%
Trans Fat	0g	
Cholesterol	0.0mg	0%
Sodium	30.0mg	1%
Total Carbohydrate	15.0g	
Dietary Fiber	2.0g	7%
Total Sugars	less than 1g	
Added Sugars	0.0g	0%
Protein	2.0g	
Vitamin D	0.0mcg	0%
Calcium	10.0mg	0%
Iron	0.3mg	0%
Potassium	280.0mg	4%

**Ingredients:** Potatoes, Disodium Dihydrogen Pyrophosphate (to promote color retention).

**Grade:** A  
**Kosher:** No  
**Halal:** No

<b>Cooking Method</b>	<b>Time</b>	<b>Temperature</b>	<b>Additional Instructions</b>
Boiling Water	5 - 7 min	Simmering Water	Heat in simmering water, drain. Check that potatos are cooked thoroughly.

## SHIPPING AND STORAGE

### Shipping Information

Item Number	J73
GTIN	10044979010735
Net Weight	36.0 lb
Gross Weight	39.0 lb
Count Per Pound	N/A
Case Cube	1.1
Ti/Hi	9,7
Country of Origin	US
Shelf Life	540 days

### Handling Instructions

Do not drop. Handle like eggs. Perishable, keep frozen. Store at 0°F or colder.