



Item #: FC001

## Lamb Weston Fully Cooked - Heat & Serve™ 3/8" Diced Potatoes

Brand: Lamb Weston Fully Cooked – Heat & Serve™  
Cut Size: 3/8" x 3/8" x 1/2"  
Package Size: 6/5#

Tender skin-on diced potatoes with great potato flavor. These dices are exceptionally versatile in recipes for breakfast, lunch, and dinner while also saving you time and labor with no prep required.

### OPERATOR BENEFITS



This product does not require a cooking step for food safety.



This product can be refrigerated <40F (<5C) up to 48 hours if unopened.



Save time and labor by replacing back-of-house cutting, peeling, and prepping with a ready-to-go solution right out of the freezer.



Choose from a variety of flavors and sizes in our wide portfolio of offerings.



Try our variety of pre-seasoned offerings for quick and convenient back-of-house solutions.

### NUTRITION AND COOKING METHODS

**Serving size: 2/3 Cup (84g)**  
**Servings per container: About 160**  
**Calories [per serving]: 60**

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

	Amount per Serving	% Daily Value*
Total Fat	0.0g	0%
Saturated Fat	0.0g	0%
Trans Fat	0g	
Cholesterol	0.0mg	0%
Sodium	10.0mg	0%
Total Carbohydrate	12.0g	
Dietary Fiber	1.0g	4%
Total Sugars	less than 1g	
Added Sugars	0.0g	0%
Protein	2.0g	
Vitamin D	0.0mcg	0%
Calcium	10.0mg	0%
Iron	0.3mg	0%

Potassium

10.0mg

0%

**Ingredients:** Potatoes.

**Grade:** A  
**Kosher:** No  
**Halal:** Yes

Cooking Method	Time	Temperature	Additional Instructions
Preparation			This product is fully cooked. May serve thawed or heat in a conventional oven, convection oven, quick cook oven, microwave, or on a flat grill.
Flat Grill	7 - 12 minutes	350°F - 400°F	Add 3-5 Tablespoons of oil onto grill. Spread 6-8 oz. dices evenly over the oil. Grill for 4-6 mins. Add 1-3 Tablespoons of oil over dices just prior to flipping. Flip and heat for 3-6 more minutes.

## SHIPPING AND STORAGE

### Shipping Information

Item Number	FC001
GTIN	10044979122407
Net Weight	30.0 lb
Gross Weight	32.0 lb
Count Per Pound	N/A
Case Cube	1.09
Ti/Hi	9,8
Country of Origin	US
Shelf Life	540 days

### Handling Instructions

Do not drop. Handle like eggs. Perishable - ship frozen & keep frozen. Unopened bag may be refrigerated <40°F (5°C) for up to 48 hours. Consume once opened. Heat for quality.