



Item #2200D

Fried Potato Skins

Brand: Lamb Weston® Munchskins®

Cut Size: Approx. 12-13 ct./lb.

Package Size: 4/4#

Made from premium Russet potatoes, MunchSkins® are easily prepared in the fryer or the oven and have minimal oil absorption and breakage. Great appetizer item that can be filled with cheese, bacon or mashed for twice baked potatoes. AVAILABLE IN SELECT MARKETS - EXCLUDING EUROPE.

Ingredients

Potatoes, Soybean and/or Canola Oil.

Grade: A (FANCY FROM WHOLE POTATOES-REGULAR)

Kosher: No

Country of Origin: USA

Shelf Life: 720 days

SCC Code: 10044979220042

Item Number: 2200D

NUTRITION

Serving Size: 3 oz (84g/2 - 3 Pieces)

Servings per container: About 85

Calories [per serving]: 120.0

Calories from fat: 35.0

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

**Contains less than 2% of the Daily Value of these nutrients.

Amount Per Serving		DV%
Total Fat	4.0g	6.0%
Saturated Fat	1.0g	5.0%
Trans Fat	0	
Cholesterol	0.0mg	0.0%
Sodium	20.0mg	1.0%
Potassium	450.0mg	13.0%
Total Carbohydrate	20.0g	7.0%
Dietary Fiber	3.0g	12.0%
Sugars	less than 1g	
Protein	2.0g	
Vitamin A		0%
Vitamin C		8%
Calcium		0%
Iron		8%

COOKING METHODS

Method	Time	Temperature	Additional Instructions
Convection Oven	10 - 12 min	400°F	
Conventional Oven	15 - 20 min	400°F	
Deep Fry	3 1/4 - 3 3/4 min	345 - 350°F	

SHIPPING & STORAGE

Shipping Information		Product Information	
Net Weight	16.0000	Grade	A (FANCY FROM WHOLE POTATOES-REGULAR)
Gross Weight	17.5000	Country of Origin	USA
Count Per Pound	N/A	Kosher Status	No
Case Cube	0.93	Shelf Life	720 days
Ti/Hi	10,10		

Handling Instructions

Do not drop. Handle like eggs. Perishable, keep frozen. Store at 0°F or colder.